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| **OBJECTIVES** |
| Staying in good shape podcast  |
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**Date**

**05/10/2016**

**Hours**

**6/**

**Session**

**4**

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| **NEW VOCABULARY** |
| Welding  | soudure |
| Guide |  |
| Treadmill | Tapis roulant |
| Oily food | Gras |
| To keep fit | Stay in good form |
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**Future Objectives**

**GRAMMAR**

I’ve never found anything on LBC

**Lesson Summary**

 **Next Lesson**

DATE

09/09

TIME 12.00